

Amendments to the Claims:

This listing of the claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claim 1 (Canceled)

2. (Currently amended) ~~A vehicle seat according to claim 1,~~ A vehicle seat comprising:

a base frame arranged to be attached to a vehicle body;

a movable plate mounted to a front bracket of the base frame by a front mounting shaft, said movable plate being rotatable such that the rear end of the movable plate rotates vertically about the front mounting shaft; and

a cushioning mechanism disposed between the base frame and the movable plate;

wherein said cushioning mechanism includes an upper connector connected to the movable plate and a lower connector connected to the base frame;

wherein said upper connector and said lower connector are coupled to each other by a viscous material damper and a spring, said viscous material damper being adapted to apply resistance to relative movement of the upper connector and the lower connector, and said spring being

adapted to receive and support a load acting on the lower connector from the upper connector;

wherein the movable plate is furnished with a thin elastic member ~~without disposing a zigzag spring.~~

3. (Currently amended) ~~A vehicle seat according to claim 1,~~ A vehicle seat comprising:

a base frame arranged to be attached to a vehicle body;

a movable plate mounted to a front bracket of the base frame by a front mounting shaft, said movable plate being rotatable such that the rear end of the movable plate rotates vertically about the front mounting shaft; and

a cushioning mechanism disposed between the base frame and the movable plate;

wherein said cushioning mechanism includes an upper connector connected to the movable plate and a lower connector connected to the base frame;

wherein said upper connector and said lower connector are coupled to each other by a viscous material damper and a spring, said viscous material damper being adapted to apply resistance to relative movement of the upper connector and the lower connector, and said spring being

adapted to receive and support a load acting on the lower  
connector from the upper connector;

~~wherein no zigzag spring or elastic member are  
disposed on an upper surface of the movable plate~~ is free of  
zigzag springs and elastic members.